

USEFUL APPs

Health, fitness, weather, information,
travel... and so on...

For Italy

Dottori.it is a popular platform for finding and booking medical appointments with specialists across Italy.

Key Features:

- Search for doctors by specialization, location, and reviews.
- Book appointments online, often with options for immediate availability.
- Offers telemedicine services for virtual consultations.

dottori.it

Doctor Now: A telemedicine platform offering virtual consultations with doctors and specialists.

Key Features:

- Video consultations with licensed doctors.
- Digital prescriptions and medical advice.
- Convenient for non-emergency medical consultations.



Salute Lazio / Salute Puglia / Salute Lombardia

Regional health apps offering access to healthcare services in different regions of Italy.

Key Features:

- Book medical appointments and access your health records.
- View test results and medical reports.
- Renew prescriptions and check available healthcare providers.



MyFitnessPal A global fitness and nutrition app that is widely used in Italy to track diet and exercise.

Key Features:

- Extensive food database to track daily calories and nutrition.
- Log workouts and monitor fitness goals.
- Syncs with other health and fitness apps like Apple Health and Fitbit.



Il Meteo - Official App

One of the leading weather apps in Italy, offering detailed weather forecasts, including real-time updates, radar, and weather alerts.

Key Features:

- **Weather Forecasts:** Provides current, hourly, and 15-day weather forecasts.
- **Interactive Radar:** Real-time radar to monitor rain, storms, and severe weather conditions.
- **Severe Weather Alerts:** Timely alerts for dangerous weather conditions such as storms, heavy rain, snow, and extreme temperatures.
- **Local Weather:** Accurate weather forecasts for specific locations in Italy and worldwide.
- **Video Forecasts:** Daily video updates and live streaming with meteorologists providing expert weather forecasts.
- **Widgets:** Customizable home screen widgets to check the weather at a glance.
- **Marine Weather:** Information about the sea conditions for those planning trips near the coast or sea activities.



Google News

Aggregates news from various sources, providing personalized news based on user preferences.

Key Features:

- Personalized news feed with trending topics and local stories.
- Comprehensive coverage from global news outlets.
- Ability to follow specific topics or publications.

Wikipedia

The official app of the free online encyclopedia, Wikipedia, providing access to a vast range of information.

Key Features:

- Instant access to millions of articles across thousands of topics.
 - Offline mode for saving articles.
- Multilingual support for browsing in various languages.



Match claims to create more meaningful matches than any other dating service – period. It has been around since 1995, so it has plenty of experience helping people connect online. It also guarantees that you'll find a match, or it will offer you your subscription for free for a period of time. Match has a huge number of users, so you're much more likely to find the person that's right for you. Its user profiles are also fairly detailed, so you can get to know a lot about your prospective matches. It even organizes events through a service called *Match Stir*, which can help you meet locals in your area whom you may be compatible with.



You might be surprised to find Tinder on our list, but it has actually created some long-lasting relationships as its features have evolved over the years. It's also totally free to use, unlike most of the apps we've listed here. This can be a plus if you're looking for a serious relationship, but just can't afford to constantly spend money on paid subscriptions.

If you're transparent about what you like and what you want, Tinder can lead to a real relationship



Google Maps

is web service that provides detailed information about geographical regions and sites worldwide. In addition to conventional roadmaps, Google maps offers aerial and satellite views of many locations

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Spotify

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Spotify is a digital music, podcast, and video service that gives you access to millions of songs and other content from creators all over the world.

Basic functions such as playing music are totally free, but you can also choose

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